





What to Pack for Camp

-  *Plan ahead to live out of a bag. Each camper should have no more than two medium-sized bags. If you have more than that, you've packed too much! Duffel bags and trunks are great ways to pack all camp items.*
-  **All clothing should be tolerant of water, mud and fun.** Please do not bring new or expensive items!
-  **BE SURE THAT YOUR NAME IS ON EVERYTHING!** Use laundry pens to ID your camper's belongings. Label anything you want returned!
-  *Please: break in shoes and boots before camp begins to avoid blisters and uncomfortable long walks.*

LINENS AND BEDDING:

- 2 sets of twin sheets and a warm blanket
 - OR** sleeping bag and a fitted sheet
- Pillow and pillow case
- 2 bath towels and washcloths
- 1 beach towel

TOILETRY ITEMS:

- Plastic or waterproof container for your toiletries/shower supplies
- Bathrobe/Shower robe
- Shower shoes (flip flops, plastic shoes)
- Toothpaste and toothbrush (with container)
- Soap and Soap Container (or liquid soap)
- Comb/Hair brush
- Shampoo and Conditioner
- Sunscreen- SPF 15 or higher
- Deodorant
- Insect repellent
- Lip balm
- Feminine products

SHOES:

- 2 pairs comfortable walking shoes. We recommend shoes or sandals with closed toes and straps around heels. Shoes worn at camp need to stay on your feet.
 Activities like horseback riding and adventure activities require shoes. Flimsy flip flops are strongly discouraged at camp and aren't acceptable in some camp activities.

For pumpers:

- 8-10 pump site changes.
 Please remember to have all medications out and accessible during check-in. Pump site changes can be packed in luggage.

CLOTHING:

- 1-2 pairs of jeans (must wear long pants for horseback riding)
- 5 pairs of shorts
- 9 shirts
- Sweatshirt or jacket
- Raincoat or poncho with a hood
- 2 pairs of pajamas
- 10+ pairs of socks
- 8 pairs of underwear/undergarments
- "Goodnights" (if prone to bed wetting)
- 2 swimsuits (for girls, one-piece or tankinis are required for waterfront activities. For boys, trunks or board shorts)
- Swimming goggles (if preferred)

- Sunhat or baseball cap
- Sunglasses
- Laundry Bag
- Color Wars Colors- You will be **Red** or **Blue**

OPTIONAL ITEMS:

- Flashlight (and extra batteries)
- Water bottle
- Backpack, knapsack or small bag to carry "stuff" around
- Music Party Costume. Theme- A Neon Celebration (wear your favorite neon color!)
- Camera and film (suggested: waterproof disposable cameras marked with camper's name)
- Writing paper, envelopes, pens and stamps with your mailing address prominently written for addressing (Camp Kudzu staff will assist when needed)
- Books and/or magazine



2013 Summer Camp

Packing Guide