WHY CAMP KUDZU!?

EDUCATION
Camp Kudzu is dedicated to ensuring that all campers understand and learn how to manage type 1 diabetes by seamlessly combining camp fun with education.

COMMUNITY
Community is the heartbeat of Camp Kudzu! Our campers, families and volunteers return year after year because of the friendships and life change they experience by getting to know each other at Camp Kudzu programs!

INDEPENDENCE
A 2019 study on Camp Kudzu's impact found that campers reported significant growth in independence, self-confidence, and self-esteem. Camp Kudzu offers a safe place for campers to grow and spread their wings.

FUN
Children and teens living with type 1 often find they need to grow up quickly. Camp Kudzu is a safe place for them to relax and focus on the joy and fun of growing up!

NUTRITION
Nutrition at camp is important to help maintain proper blood sugar control throughout the day. Proper carb and protein balance helps campers' blood sugar stay stable, letting them participate in the activities that they love while staying within target range throughout the night.

SCHOLARSHIPS
Thanks to our dedicated partners, sponsors and donors, we are able to offer scholarships for all our programs. Your generosity ensures that Camp Kudzu experience is accessible to everyone! Scholarships and transportation opportunities are available for all our programs.